

## Special Issue

# Diet, Nutrition and Metabolic Health

### Message from the Guest Editor

One of the ultimate goals of the promising field of diet and nutrition is the design of tailored nutritional recommendations for developing metabolic health. During the past decade, rapid expansion in a number of relevant scientific fields and, in particular, in the amount of population-based epidemiological evidence has helped to clarify the role of diet and nutrition in the prevention, treatment, and control of metabolic diseases. Diet and nutrition can affect metabolic health via several approaches, including genetics, dietary habits, food behavior, physical activity, microbiota, and the metabolome. This Special Issue will include manuscripts that focus on nutrition, diet, nutritional treatment, and/or underlying mechanisms in relation to metabolic disease prevention, control, and symptom management. The presented materials are the result of the international scientific cooperation of experts specializing in these issues. The content may be useful for clinical practitioners and inspire further innovative research.

### Guest Editor

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### Deadline for manuscript submissions

closed (20 August 2023)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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