

Special Issue

Natural Products and Health

Message from the Guest Editors

Nutritional status determines the condition and resistance to disease. For a developing organism, it establishes directions for proper growth and development. Eating disorders and inflammatory and autoimmune metabolic diseases are often associated with the occurrence of nutritional deficiencies. We are constantly looking for ways to improve the nutritional status of patients, both in terms of increasing appetite as well as improving the efficiency of nutrient absorption. Particularly noteworthy is the possibility of using substances of natural origin to reinforce improving the nutritional status and metabolism in people diagnosed with metabolic diseases. An example is *Cannabis sativa* as a source of anti-anorexic and hypoglycemic compounds active in supporting patient nutrition and pharmacotherapy. Understanding the pharmacology and mechanisms of action of cannabinoids in the regulation of metabolic and enzymatic processes will allow the safe introduction of natural substances to prevent and treat metabolic diseases.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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