# **Special Issue**

# Nutritional and Dietary Interventions to Improve Cardiovascular Outcomes

# Message from the Guest Editor

Cardiovascular disease remains the leading cause of death worldwide, but promising developments in nutritional science have offered effective strategies for the prevention and treatment of cardiovascular disease. While the causes of cardiovascular disease are multifaceted, nutrition remains a modifiable risk factor of significant interest that can appreciably impact the cardiovascular system. This Special Issue is designed to highlight recent investigations that explore the association between dietary patterns, nutrient alteration, and nutritional interventions and the prevention or treatment of cardiovascular disease. Investigations exploring pre-clinical and clinical models will be considered for this Special Issue, and we welcome original investigations as well as systematic or narrative reviews.

### **Guest Editor**

Dr. Marilyn Nehls

Department of Kinesiology and Health Promotion, University of Kentucky, Lexington, KY 40506, USA

### Deadline for manuscript submissions

closed (20 October 2025)



# **Nutrients**

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





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# **About the Journal**

# Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
   University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
   Preventive Medicine Service, Centro Hospitalario Universitario
   Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las

#### Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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