

Special Issue

Nutritional and Dietary Interventions to Improve Cardiovascular Outcomes

Message from the Guest Editor

Cardiovascular disease remains the leading cause of death worldwide, but promising developments in nutritional science have offered effective strategies for the prevention and treatment of cardiovascular disease. While the causes of cardiovascular disease are multifaceted, nutrition remains a modifiable risk factor of significant interest that can appreciably impact the cardiovascular system. This Special Issue is designed to highlight recent investigations that explore the association between dietary patterns, nutrient alteration, and nutritional interventions and the prevention or treatment of cardiovascular disease. Investigations exploring pre-clinical and clinical models will be considered for this Special Issue, and we welcome original investigations as well as systematic or narrative reviews.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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