Special Issue

Own or Donated Human Milk: Its Role in Today's Society

Message from the Guest Editors

The WHO supports nutrition with exclusive breastfeeding for up to 6 months, and after the introduction of complementary feeding until the mother decides it is appropriate. This recommendation is even more important in premature neonates and other vulnerable neonates. In premature babies, donated human milk can be the best alternative in situations where the mother cannot yet provide her own milk. In this Special Issue, we discuss current aspects of breastfeeding and donated human milk banks in highincome countries and those with medium or low income. In all of them, breastfeeding is a key piece in the optimal growth and neurodevelopment of infants, as well as the best preventive measure for various pathologies in the short, medium, and long term. News in the composition of breast milk, factors associated with its initiation or maintenance, effects of its use in the prevention of pathology, and any other related point of view, both with their own and donated human milk, they will be well received in this Special Issue.

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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