

Special Issue

Dietary Behaviors and Obesity Predisposition

Message from the Guest Editor

The goal of this Special Issue, “Dietary Behaviors and Obesity Predisposition”, is to show the importance of dietary behaviors that predispose individuals to the occurrence of obesity. Specifically, the aim is to clarify dietary behaviors (i.e., food choices or eating behaviors or dietary intake) that are associated with a higher risk of obesity (e.g., is skipping breakfast associated with an increased risk of obesity?), common dietary behavioral characteristics of people with obesity (e.g., do people with obesity, compared to people without obesity, have different intakes of specific nutrients such as protein or vitamin D intake?) and possible associations between different dietary behaviors (e.g., is snack time associated with snack quality, and if so, does this association have an effect on the risk or the management of obesity?). The papers submitted will provide healthcare professionals with clear and updated evidence on which dietary behaviors are of concern when managing or trying to prevent obesity.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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