

Special Issue

Fruits and Vegetable Bioactive Substances and Nutritional Value

Message from the Guest Editors

Over the past few years, the potential role of dietary phytochemicals in promoting human health and preventing chronic diseases has attracted the interest of researchers worldwide, especially constituent compounds in foods that, in addition to those required to meet basic human nutritional needs, can cause changes in health status. A large amount of scientific evidence suggests that some phytochemicals have beneficial health effects, including dose– response relationships and statistically significant relationships with improved physiological function and/or reduced risk of chronic diseases. However, there are still some limitations to the absorption, distribution, metabolism, and excretion of many dietary bioactives that must be better understood in the scientific literature. We hope that this Special Issue will attract more manuscripts that will advance our understanding of the nutritional value of dietary bioactives, especially those from fruits and vegetables, and how they affect human health.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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