

Special Issue

Nutrition and Lifestyle Intervention in Type 2 Diabetes Mellitus

Message from the Guest Editors

In the ongoing endeavor to improve the management of Type 2 Diabetes Mellitus (T2DM), the integration of nutrition and lifestyle interventions have shown promising outcomes. T2DM is a product of genetic predisposition and lifestyle choices intertwined with their complex effects, involving changes in biochemical pathways and endocrine responses. The nuanced interplay between metabolism, stress biology, and the endocrine system demands an in-depth investigation into the mechanism by which nutrition and lifestyle interventions can modulate these processes. It is with great enthusiasm that we invite researchers to share their valuable studies on the multifaceted relationship between T2DM, nutrition, and lifestyle modifications in this Special Issue. We anticipate that groundbreaking research published in this Special Issue could have a significant impact on the prevention and treatment of this life-threatening disease that affects over 10% of the world's population.

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Deadline for manuscript submissions

closed (15 March 2024)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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