

Special Issue

Common Transdiagnostic Factors in Eating Disorders, Disordered Eating, and Mental Health Symptoms

Message from the Guest Editors

This Special Issue seeks to move beyond disorder-specific categories by focusing on the shared processes underlying disordered eating and EDs. By integrating insights across clinical, translational, and basic research, it aims to advance a more nuanced and clinically meaningful understanding of these complex psychopathological phenomena. Contributions to this Special Issue have the potential to inform the development of precise measurement tools for the early detection of eating-related symptoms and the identification of ED endophenotypes, as well as to guide the design of effective, evidence-based interventions tailored to the specific needs of individuals affected by disordered eating behaviors. We welcome manuscript submissions including original research articles, systematic reviews, and scoping reviews that address these goals from diverse methodological and theoretical perspectives.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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