

Special Issue

The Impact of Nutritional Education and Food Policy on Consumers

Message from the Guest Editor

Food policy and nutritional education play crucial roles in promoting health, and several approaches have been proposed to improve nutritional knowledge as a means of reducing dietary risk factors via altering the nutritional behavior of consumers. However, conducting research around nutrition does not necessarily mean that one is able to communicate the knowledge gained to the general public and encourage them to modify their nutrition behavior accordingly. In addition, methods traditionally used in consumer behavior research should be incorporated into community nutrition education research to enable and demonstrate the effectiveness of nutritional interventions and their successful application in the context of consumer food choices. With this in mind, the goal of this Special Issue is firstly to make food policy and nutrition literacy accessible to a wider audience and, secondly, to provide the most original and up-to-date articles on nutrition education. Other topics within the scope of “Nutritional Education and Food Policy on Consumers” are also welcome.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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