

Special Issue

Role of Dietary Elements in Glucose Metabolism

Message from the Guest Editor

Despite our understanding of the impact of different dietary patterns and nutrition elements on glucose metabolism and our knowledge of the impact of food sequence and intermittent fasting on glycemic control and insulin sensitivity, still, there are many unadjusted variables clouding our understanding of the impact of nutrition elements on diabetes. In this Special Issue, we would like to bring readers closer to the state-of-the-art in the field of nutrition and diabetes by gathering papers that cover several aspects of nutrition science that impact glucose metabolism, especially those of immediate clinical relevance. Original research articles and reviews (systematic reviews and meta-analyses) are greatly welcome.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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