

## Special Issue

# Eating and Feeding Disorders with Restrictive Food Intake

### Message from the Guest Editor

Restrictive eating disorders are considered serious mental disorders in childhood and adolescence due to their substantial effects on physical and mental health. While research on anorexia nervosa is increasingly elucidating its etiological factors, there is still a great need to optimize existing prevention approaches and treatments. For avoidant/restrictive food intake disorder (ARFID), research is still in its early stages. Little is known about the precise nature of ARFID, its phenotypes, as well as the mechanisms involved in its development and maintenance. Since ARFID originated from early feeding disorders, it is especially essential to consider both feeding and eating disorder perspectives. In this Special Issue of *Nutrients*, we aim to present a collection of the latest research on different specified restrictive eating disorders. In addition to systematic reviews, clinical or experimental studies on the assessment, epidemiology, nosology, etiology, and treatment of these disorders are welcome.

### Guest Editor

Dr. Ricarda Schmidt

University of Leipzig Medical Center, Integrated Research and Treatment Center AdiposityDiseases, Behavioral Medicine Unit, Department of Psychosomatic and Psychotherapy, Leipzig, Germany

### Deadline for manuscript submissions

closed (31 January 2021)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/si/46474](https://mdpi.com/si/46474)

*Nutrients*  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 4.8  
CiteScore 9.2  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)