

Special Issue

Impact of Nutritional Approaches on Inflammatory Bowel Disease Patients

Message from the Guest Editors

We are pleased to announce the Special Issue “Impact of Nutritional Approaches on Inflammatory Bowel Disease Patients”, which aims to investigate the effects of various nutrition patterns on IBD symptoms. The primary objective of this Special Issue is to explore how different nutritional strategies can contribute to the prevention, remission, treatment, and even exacerbation of IBD among patients. Notably, many patients currently adopt a range of nutrition plans without a comprehensive understanding of the potential impact on their condition. Consequently, there is a discernible exacerbation of disease symptoms, significantly affecting these individuals' overall quality of life. We invite researchers and experts in the field to contribute their significant insights to this crucial scientific topic. Studies such as nutritional interventions and recordings that aim to reduce the manifestation of inflammation and symptoms will offer much-needed guidance and support to health experts and patients striving to manage their conditions effectively in an area that needs more in-depth knowledge.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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