

Special Issue

The Role of Magnesium Status in Human Health

Message from the Guest Editor

Cardiovascular deaths, including ischaemic heart disease and stroke, account for the top two global causes of death. Magnesium is the fourth most abundant cation in the human body and is involved in several essential physiological, biochemical, and cellular processes regulating cardiovascular function. In the heart, magnesium plays a key role in modulating neuronal excitation, intracardiac conduction, and myocardial contraction by regulating a number of ion transporters, including potassium and calcium channels. Magnesium also has a role in regulating vascular tone, atherogenesis and thrombosis, vascular calcification, and the proliferation as well as migration of endothelial and vascular smooth muscle cells. As such, magnesium has a major influence on the pathogenesis of cardiovascular disease. This Special Issue is to provide cutting-edge research, especially original (epidemiological, clinical, and experimental) and review articles (including systematic reviews and meta-analyses), regarding the relationship between dietary magnesium intake and heart failure, coronary heart disease, and cardiovascular disease and/or risk factors in different populations.

Guest Editor

Dr. Andrea Rosanoff

CMER—Center for Magnesium Education and Research, Pahoehoe, HI 96778, USA

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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