

Special Issue

Nutritional Status in Community-Dwelling Older Adults

Message from the Guest Editors

The nutritional status of older adults living in the community is a critical aspect of promoting healthy aging and preventing complications associated with chronic diseases. As the global population ages, nutrition-related conditions in this age group become increasingly important, as they directly influence quality of life, functional capacity, and the prevention of chronic diseases. Aging brings about a series of physiological, social, and economic changes that can affect nutrient intake and utilization, potentially leading to malnutrition, muscle loss, cognitive decline, and an increased risk of morbidity and mortality. This Special Issue aims to gather research that analyzes the factors influencing the eating habits of older adults living in the community, as well as those related to malnutrition, obesity, and other metabolic disorders prevalent in this population. The purpose is to provide a solid scientific foundation that supports the design of interventions and public policies aimed at improving nutrition and, consequently, the quality of life of this vulnerable group.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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