Special Issue

Community, School and Family-Based Dietary Interventions for Childhood Obesity

Message from the Guest Editor

Childhood obesity remains a critical public health concern, with wide-ranging consequences for children's physical and mental well-being. This Special Issue focuses on a comprehensive approach to addressing this complex issue, highlighting the importance of community, school, and family-based dietary interventions. We welcome original research papers and reviews that explore the design, implementation, and evaluation of dietary interventions. By focusing on these diverse yet interconnected settings, this Special Issue aims to contribute valuable insights for developing effective and sustainable strategies to combat childhood obesity. The articles featured in this issue will explore the impact of targeted dietary interventions, the importance of collaborative efforts among stakeholders, and the ways in which policy, environment, and education can synergistically foster healthier lifestyles for children. We hope this collection serves as a valuable resource for researchers, practitioners, and policymakers, informing future interventions, empowering communities, schools, and families to work together in fostering a healthier future for our children.

Guest Editor

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Deadline for manuscript submissions

closed (15 July 2025)



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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