

# Special Issue

## Focus on Eating Disorders of Adolescents and Children

### Message from the Guest Editors

We invite you to contribute your research paper or systematic review/meta-analysis to this Special Issue titled “Focus on Eating Disorders in Adolescents and Children”.

The prevalence rate of eating disorders and body image disturbance amongst our youth has been increasing in recent years. Given the severity and complex comorbidities associated with these illnesses, it is imperative that research efforts focus on early detection, prevention and effective early intervention and treatments for eating disorders in adolescents and children.

The aim of this Special Issue is to highlight and encourage the dissemination of research that will help scientists and clinicians meet the challenge of how best to reduce the incidence of eating disorders and body image concerns in children and adolescents. Thus, we encourage papers on the risk factors for and aetiology of comorbid conditions in this age group, as well as research on early detection, prevention, early intervention and effective treatment of eating disorders in our young people.

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### Guest Editors

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### Deadline for manuscript submissions

closed (5 January 2026)



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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