

# Special Issue

## Dietary Protein and Energy Balance

### Message from the Guest Editors

The aim of this Special Issue is to provide an update on dietary protein and energy balance as contributors to the maintenance of quality of life at different ages and in different physical conditions, including exercise training, in both healthy subjects or diseased patients.

Therefore, to contribute to this Special Issue, please feel free to submit review or original articles on the influence of diet, dietary supplements, weight changes, protein metabolism, etc., both in human and experimental models. This knowledge will help to improve support and prevention nutritional strategies for many physiological conditions and at different stages of life.

### Guest Editors

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### Deadline for manuscript submissions

closed (25 March 2024)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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