

## Special Issue

# Dietary Factors and Interventions for Cognitive Impairment and Dementia

### Message from the Guest Editor

Nutrition is an important lifestyle factor that can reduce the risk of future cognitive impairment and various neurodegenerative disorders, such as Alzheimer's disease (AD) and AD-related dementias. Dietary interventions may be a useful approach to slow cognitive decline or degree of cognitive impairment across the spectrum for AD and other dementias. Thus far, in older adults, certain nutrients such as folate, vitamin E,  $\Omega$ -3 fatty acids, or food groups such as seafood, vegetables, and fruits have shown promising associations with cognitive outcomes or results in randomized clinical trials. This Special Issue, "Dietary Factors and Interventions for Cognitive Impairment and Dementia", focuses on how diet or nutritional components are related to cognitive decline, cognitive impairment, and risk or age of onset of dementia. Basic, translational, and/or clinical work is welcome. We consider several different types of manuscript submissions, including original research articles and up-to-date reviews (systematic reviews and meta-analyses).

### Guest Editor

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### Deadline for manuscript submissions

closed (20 February 2023)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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