

Special Issue

Dietary and Behavioral Interventions for Diabetes

Message from the Guest Editors

Diabetes mellitus type 2 is a chronic disease that affects millions of people worldwide. Diabetes can be managed effectively via a combination of dietary and behavioral interventions. These interventions are essential for controlling blood glucose levels, preventing complications, and improving overall health. Dietary and behavioral interventions are critical for controlling diabetes mellitus, especially in the current context of economic constraints in the healthcare system. With rising healthcare costs, it is becoming increasingly vital to find effective and cost-efficient strategies for managing chronic diseases such as diabetes. Special Issue of *Nutrients*, entitled "Dietary and Behavioural Interventions for Diabetes", encourages researchers to submit articles that examine the effectiveness of specific dietary interventions or other behavioral interventions, the mechanisms by which these interventions improve blood glucose levels and prevent complications, and the implementation of these interventions in clinical practice, including strategies for improving patient adherence and addressing barriers to implementation.

Guest Editors

Dr. Pere Torán-Monserrat

Dr. Noemí Lamonja-Vicente

Dr. David Lacasta Tintorer

Deadline for manuscript submissions

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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