Special Issue

Public Health, Nutritional Behavior and Nutritional Status —2nd Edition

Message from the Guest Editors

The World Health Organization has proposed healthy dietary patterns that impact all dimensions of individual and public health and wellbeing. As a result, consumer awareness about the important role of high-quality products rich in bioactive compounds for human nutrition and health and for prevention against diseases has increased. So, why is the health of the population deteriorating? The objective of this Special Issue is to demonstrate the importance of dietary behavior and nutritional status in the context of public health. The challenges for scientists lie in the monitoring of changes in nutritional behavior and nutritional status in the context of public health, which will provide healthcare professionals and dietitians with clear and updated evidence concerning dietary behaviors and the best ways to counteract changes that worsen health. We, therefore, encourage you to publish research that highlights the latest news, insights, and advances in the fields of public health, nutritional behavior, and nutritional status and their implications for health. This will attract considerable interest from a large group of readers from different disciplines and research fields.

Guest Editors

Dr. Sabina Lachowicz-Wiśniewska

Department of Medical and Health Science, University of Kalisz, W. Bogusławskiego 2 Square, 62-800 Kalisz, Poland

Dr. Agata Kotowska

Department of Social Policy, Institute of Sociological Sciences, College of Social Sciences, University of Rzeszow, Rzeszow, Poland

Deadline for manuscript submissions

closed (5 July 2025)



Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed



mdpi.com/si/209027

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

mdpi.com/journal/ nutrients





Nutrients

an Open Access Journal by MDPI

Impact Factor 5.0 CiteScore 9.1 Indexed in PubMed





Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

- Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
- Research Institute of Biomedical and Health Sciences (IUIBS),
 University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
 Preventive Medicine Service, Centro Hospitalario Universitario
- Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

