Special Issue

Effects of Dietary Protein and Polysaccharide Fortification on Disease

Message from the Guest Editors

Proteins and polysaccharides are kinds of versatile natural macromolecules that are ubiquitous in the biosphere, whose biological effects are either structure-, protective- or storage-related. These bioactive nutrients modulate transcription factors involved in inflammation and oxidative stress, mitigate mitochondrial dysfunction, act as senolytics and impact the epigenome by altering metabolism. As a consequent, tailored diet fortified with protein and polysaccharide has been developed to ameliorate a wide array of diseases, such as metabolic disease. cardiovascular disease, intestinal disease, and neurodegenerative disease. This Special Issue of Nutrients, entitled "Effects of dietary protein and polysaccharide fortification on disease" aims to be an interdisciplinary platform that covers all beneficial aspects related to proteins or polysaccharides. We invite well-designed research articles, reviews, as well as meta-analysis studies that addressing the development, modulation and characterization of new dietary strategy with bioactive protein and polysaccharide fortification for the treatment of various disorders and their complications.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peerreview and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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