

Special Issue

Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements and Lifestyle

Message from the Guest Editors

The world is in the second year of the COVID-19 pandemic. The pandemic continues to have a tremendous impact on society through the direct and indirect effects on health and trying to stay healthy. The primary means being used to reduce the risk of COVID-19 include social distancing, lockdowns, testing and quarantine, wearing masks, cleaning surfaces and atmospheres in closed spaces, and vaccinations. Those who develop COVID-19 may be treated with various drugs, which are still under development. No singular approach can stop the pandemic by itself. The more approaches that are employed, the better the chances are to quell its devastating effects. However, some of the approaches being used, such as lockdowns, have significant adverse effects on people and the economy. In addition, for many underdeveloped countries, the measures employed in the developed countries may not be possible or appropriate to their situations. This Special Issue seeks manuscripts that address natural approaches related to diet and supplements to reduce the risk of COVID-19 and its effects.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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