

Special Issue

Preventing the Adverse Effects of SARS-CoV-2 Infection and COVID-19 through Diet, Supplements and Lifestyle

Message from the Guest Editors

The world is in the second year of the COVID-19 pandemic. The pandemic continues to have a tremendous impact on society through the direct and indirect effects on health and trying to stay healthy. The primary means being used to reduce the risk of COVID-19 include social distancing, lockdowns, testing and quarantine, wearing masks, cleaning surfaces and atmospheres in closed spaces, and vaccinations. Those who develop COVID-19 may be treated with various drugs, which are still under development. No singular approach can stop the pandemic by itself. The more approaches that are employed, the better the chances are to quell its devastating effects. However, some of the approaches being used, such as lockdowns, have significant adverse effects on people and the economy. In addition, for many underdeveloped countries, the measures employed in the developed countries may not be possible or appropriate to their situations. This Special Issue seeks manuscripts that address natural approaches related to diet and supplements to reduce the risk of COVID-19 and its effects.

Guest Editors

Dr. William B. Grant

Sunlight, Nutrition, and Health Research Center, P.O. Box 641603, San Francisco, CA 94164-1603, USA

Dr. Ronan Lordan

Institute for Translational Medicine and Therapeutics, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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