

Special Issue

Effects of Nutritional Supplementation during Pregnancy on Maternal and Fetal Health Outcomes

Message from the Guest Editors

Nutritional supplementation during pregnancy is common practice across the globe. Recommendations differ by country, depending on food supply and population needs. One of the most common population-wide recommendations is folic acid and, in some countries, iodine supplementation. Another common approach is multiple micronutrient supplementation. While multiple micronutrient supplementation can correct maternal nutrient deficiencies, benefits to the child are limited. This may be due to late commencement, poor adherence, or certain maternal characteristics that negate expected clinical benefits from supplementation. Furthermore, the impact of multiple micronutrient supplementation on maternal and fetal nutrient status is not well understood. Indeed, other supplements, such as calcium and iron, are generally recommended on an individual needs basis and thought to improve pregnancy outcomes. The planned Special Issue will include research topics related to the effects of specific supplements and/or multiple micronutrient supplements during pregnancy on maternal and/or fetal health.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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