

Special Issue

Prebiotics and Probiotics in Immune Health

Message from the Guest Editors

Prebiotics and/or probiotics supplementation are strategies for the treatment of noncommunicable diseases and for strengthen our immune system and our microbiota. Probiotics have been defined by the Food and Agriculture Organization of the United Nations and the WHO (FAO/WHO) as “live microorganisms which when administered in adequate amounts confer a health benefit on the host”. The definition of prebiotic has been recently updated by the ISAPP as “a substrate that is selectively utilized by host microorganisms conferring a health benefit”. Both prebiotic and probiotic have been used for different applications and currently, their mechanistic effects are more understood. This Special Issue of *Nutrients* aims to present a collection of papers to give an overview on new findings and concept in the field of probiotics and prebiotics, including results on next generation probiotics, the impact of interventions at different stages (pregnancy, early life, adult, elderly), and on different pathological situations.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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