

Special Issue

Updates on Omega-3 Polyunsaturated Fatty Acids and Human Health

Message from the Guest Editor

A simple PubMed search for papers on omega-3 fatty acids and future research produces a total of 26,364 items. This is obviously a topic of great significance in the field of nutrients, which is why this Special Issue of *Nutrients* invites updates on omega-3 polyunsaturated fatty acids and human health, focusing on the latest evidence on cardiovascular diseases, diabetes type 1 and type 2, obesity, metabolic diseases, inflammatory bowel diseases, psychiatric and mental diseases, and neoplasms. Much has been said on this topic, but much less has been proven and reached clinical practice. We would therefore like to focus on evidence, with original clinical research being particularly welcome. We also invite studies on pathways which are essential to move from research to practice “from bench to bed”.

Guest Editor

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Deadline for manuscript submissions

closed (15 November 2023)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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