

Special Issue

Parental Diet for Offspring Health

Message from the Guest Editor

A healthy diet in pregnancy is not only conducive to a healthier delivery, but it is also an act of love toward our children. Dietary quality influences all the phases of human life. Not surprisingly, an increasing body of data suggests that children's health starts in utero and that this imprinting accompanies the children throughout life. It is well known that the dietary patterns of parents are transmitted from one generation to another. Let us think about obesity: Is it a hereditary disease, or is it simply linked to the family tradition of a cuisine rich in fat, simple sugars, and very large servings? This Special Issue will welcome all papers that deal with nutrition in this magic, mysterious, and fascinating particular phase of human life that is pregnancy, as a clue for the health of the future generations. Relevant studies will include, but not be limited to, the effect of nutrition patterns in healthy individuals, as well as the eventual consequences of nutritional management in different diseases, such as coeliac disease, kidney or metabolic diseases.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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