

Special Issue

The Latest Achievements in Nutrition and Allergic Diseases

Message from the Guest Editor

In the current literature, there is an enormous amount of evidence of a cause-and-effect relationship between the development of allergic diseases, including asthma, and, e.g., overweight/obesity, and more. The co-occurrence of allergic diseases, such as allergic rhinitis, asthma, and food allergies, contributes significantly to the risk of multi-morbidity, which translates into a reduced quality of life for the patient in every area of functioning. An increasing amount of attention has been paid to optimization activities to reduce the risk of lifestyle diseases, for example, implementing the principles of rational nutrition, which has been the subject of culinary medicine within the lifestyle medicine model for some time. This Special Issue aims to explore the fields of epidemiology, pathology, and cause-and-effect relationships in the development of allergic diseases, including food allergies and asthma, as well as differential diagnosis and the latest solutions in the therapy of allergic diseases. We also invite you to submit articles devoted to solutions on both systemic and local levels in the areas of lifestyle and culinary medicine.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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