

## Special Issue

# Nutrition and Physical Activity in Oncological Patients: What We Know and What We Ignore

### Message from the Guest Editor

Nutritional therapy combined with physical activity represents a fundamental asset to improve the quality of life of oncological patients. Unfortunately, both of these aspects are frequently neglected by clinicians during oncological treatment, as well as pre–post surgery for cancer. Moreover, different categories of neoplasms deserve diverse lines of nutrition and physical activity which have to be integrated in the complex algorithm of clinical management. Up to now, no international guidelines have clearly defined a standard protocol able to combine the impact of a correct diet together with appropriate physical exercises in such cohort of patients. Therefore, new studies are needed to create a personalized and tailored multidisciplinary approach with the aim to better the nutritional status and prevent sarcopenia and a sedentary lifestyle.

### Guest Editor

Dr. Francesco Trevisani

Board in Nephrology, San Raffaele Scientific Institute, Milan, Italy

### Deadline for manuscript submissions

closed (15 May 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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