

Special Issue

Associations of Diet and Body Composition with the Risk of Cardiovascular Disease

Message from the Guest Editor

Dietary factors are some of the most significant risk factors for the development of cardiovascular disease around the globe. This Special Issue on the “Associations of Diet and Body Composition with the Risk of Cardiovascular Disease” invites researchers to submit original research and review articles in this area. Topics may include, but are not limited to, macronutrients and micronutrients (and particularly the food sources underlying these nutrients), dietary patterns, ultra-processed foods, dietary consumption in underrepresented groups and diverse populations, novel measurements of diet and body composition, the food matrix, and risk factors for cardiovascular disease like blood pressure, blood lipids, or glycaemia. Epidemiological research, trials, and implementation research are all welcome. Ultimately, the aim of this Special Issue is to advance our understanding about how dietary intake and body composition relate to cardiovascular health in a way that can inform the future of public health guidance for the prevention and treatment of cardiovascular disease.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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