

## Special Issue

# Nutrition, Weight, and Health Outcomes in Adolescents and Young Adults

### Message from the Guest Editors

Over the last few decades, the prevalence of adolescent and young adult obesity has dramatically increased worldwide, and, in many countries, has resulted in a major public health issue. Obesity in adolescents and young adults is the phenotypic expression of the interaction between polygenic inheritance with food intake and physical activity habits. Studies focused on increasing our understanding of diet and overweight/obesity have been published. However, the role of diet in the etiology of overweight/obesity remains controversial. The aim of this proposed Special Issue on “Nutrition, Weight, and Health Outcomes in Adolescents and Young Adults” is to publish selected papers detailing worldwide trends of weight status and specific aspects related to the diet and nutrition. Particularly, papers (reviews and/or clinical or experimental studies) dealing with trends of overweight and obesity among adolescents and young adults (AYA) in the different continents, and especially those studying potential relationships between these trends and relations with eating behaviors and health outcomes, will be included.

### Guest Editors

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### Deadline for manuscript submissions

closed (15 December 2023)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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