

Special Issue

Effect of Nutrition on Exercise, Inflammation and Metabolism

Message from the Guest Editors

We are organizing a Special Issue to examine the basic and applied research intersection of nutrition, exercise, inflammation and metabolism in occupational, clinical, and athletic populations across the human lifespan. Topics can include a wide array of specializations, provided that at least Nutrition and two of the main focus areas of this Special Issue are included (exercise, inflammation, or metabolism). In this Special Issue of *Nutrients*, we welcome original research articles, animal and clinical studies, as well as review articles on the current state of research. Below is a list of some topic areas of particular interest to this Special Issue. Inflammaging; Exercise nutrition; Maturation; Clinical nutrition; Substrate utilization; Sarcopenia; Cachexia; Cancer; Obesity; Rehabilitation; Tactical nutrition.

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Deadline for manuscript submissions

closed (20 December 2023)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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