

## Special Issue

# Research on Eating Disorders, Physical Activity and Body Image

### Message from the Guest Editor

We invite the submission of original research articles, systematic reviews, meta-analyses, and theoretical papers addressing the following topics:

The impact of physical activity on risk, development, and recovery from eating disorders.

Sociocultural, psychological, and biological factors that influence the relationship between body image and eating behaviors.

Disordered eating patterns among athletes and physically active populations.

Prevention and intervention strategies targeting eating disorders, exercise addiction, and body dissatisfaction.

Cross-cultural and lifespan perspectives on body image, physical activity, and eating disorders.

Research on body image, eating disorders, and physical activity in diverse populations, including men, women, non-binary, transgender, heterosexual, and non-heterosexual individuals.

This Special Issue aims to collate research from psychology, public health, sports science, nutrition, and related fields to foster interdisciplinary dialogue and advance the field. We welcome contributions that employ qualitative, quantitative, and mixed-method approaches, along with innovative theoretical and methodological perspectives.

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### Guest Editor

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### Deadline for manuscript submissions

5 June 2026



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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