Special Issue

Dietary Practices and Dietary Treatment in Phenylketonuria

Message from the Guest Editors

We are pleased to announce the call for papers for a Special Issue on "Dietary Practices and Dietary Treatment in Phenylketonuria". This Special Issue aims to collect and disseminate innovative research and clinical practices addressing the challenges and advancements in managing this genetic condition through dietary approaches. Topics of interest include the following:

- Effective dietary management strategies for phenylketonuria;
- Advances in dietary treatment and nutritional therapies;
- Impact of diet on patients' quality of life;
- Case studies and clinical experiences;
- Patient education and support for dietary adherence.

We look forward to your contributions and appreciate your participation in advancing the knowledge and treatment of phenylketonuria through dietary practices.

Guest Editors

Dr. Luis Aldámiz-Ecehvarría

Prof. Dr. María Luz Couce

Dr. Consuelo Pedrón Giner

Deadline for manuscript submissions

25 February 2026



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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