

Special Issue

Osteoporosis and Elderly Metabolism and Nutrition

Message from the Guest Editor

Economic growth around the world is improving health in general, healthcare, education, and nutrition. People around the world are getting older; therefore, healthcare for the elderly should be improved. Better treatment options are extending the life of patients suffering from chronic diseases such as cancer, heart failure, and other major diseases. Osteoporosis is one of the chronic diseases that will increasingly affect the ageing population as a primary disease, as well as patients suffering from other chronic conditions, as a secondary disease. This Special Issue will focus on osteoporosis in the elderly and on how a more extensive knowledge of metabolism and nutrition might improve the prophylaxis and treatment of bone loss and prevent fractures due to primary or secondary osteoporosis. **Keywords**

- osteoporosis
- nutrition
- metabolism
- supplementation
- chronic disease
- elderly
- old
- diabetes
- chronic obstructive lung disease
- cancer

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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