

## Special Issue

# Obesity in the Beginning of Life, Causes, Prevention and Risks for Later Life

### Message from the Guest Editor

Childhood obesity is a global challenge. The incidence is increasing, both in high and low-middle income countries. Programmes for treatment of obesity, in young children, adolescents and adults are rather disappointing. The best way to tackle the obesity pandemic is prevention. Understanding the causes for obesity is essential for successful prevention. One of the important causes of obesity is nutrition. The role of nutrition in the development of obesity starts before pregnancy and continues throughout life. Before birth, and especially after birth, it is not only the amount of ingested calories that matters, but also the composition of the food that is of great importance. The mechanisms behind the effect of nutrition on the development of obesity are not all well understood and are topics of the present studies. Not only are epidemiologic studies are needed, but also studies on the mechanisms of obesity. The role of genetics and, in particular, epigenetics, needs more study. In this Special Issue, we hope to explore the different aspects of obesity at a young age, and the causes, prevention and risks for later life.

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### Deadline for manuscript submissions

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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