

Special Issue

The Associations between Obesity, Dyslipidemia and Nutritional Intake

Message from the Guest Editors

The effects of excess weight on mortality and morbidity were recognized over 2000 years ago by Hippocrates. In addition to overall obesity, visceral fat and sarcopenic obesity are factors that can predispose unhealthy metabolic effects. Such an effect is dyslipidemia, which increases cardiovascular disease risk, the primary cause of mortality worldwide. Food vectors that promote passive overconsumption, including energy-dense foods principally related to their fat and/or carbohydrate type and content, high-energy drinks and large portion sizes, have been linked to increasing obesity risk, despite their potential null—or opposite—effect on dyslipidemia. The aim of this Special Issue is to publish original research and in-depth reviews that report associations between various forms of obesity, including sarcopenic obesity and dyslipidemias in relation to specific nutritional intake.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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