

Special Issue

OPERA 2021 (Obesity Programs of Nutrition, Education, Research and Assessment of the Best Treatment): Obesity and Low Grade Inflammation

Message from the Guest Editors

The scientific meeting OPERA 2021 will take place in Naples, Italy, on 17–18 September 2021. The workshop will treat the pathophysiological bases of obesity, up to the latest news in the field of pharmacological and surgical treatments, with the following training objectives: 1) update on chronic inflammation; 2) update on comorbidities caused by obesity-related chronic inflammation, such as T2DM, dyslipidemia, cancer, and any pharmacological approaches; 3) identification of lifestyle interventions that can prevent and treat obesity from a nutritional and physical activity approach; and 4) update on the latest pharmacological innovations and surgical strategies for the treatment of obesity with beneficial effects also on the degree of chronic inflammation. We plan on publishing at least 10 manuscripts on these topics.

Guest Editors

Prof. Dr. Annamaria Colao

Dipartimento di Medicina Clinica e Chirurgia, Unit of Endocrinology, Federico II University Medical School of Naples, 80131 Naples, Italy

Dr. Chiara Graziadio

Division of Endocrinology, AOU Federico II, Napoli, Italy

Deadline for manuscript submissions

closed (1 April 2022)



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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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