

## Special Issue

# Dietary Supplements for Human Health and Disease

### Message from the Guest Editors

Chronic inflammation and metabolic disorders strongly contribute to the onset of several pathological diseases. They are characterized by complex and multifaceted conditions which can vary in location, precipitating factors, and severity, and can be related to neurologic, urologic, GI, gynecologic, and musculoskeletal-related disorders.

There is growing evidence that air pollution, drug abuse, and unhealthy lifestyles affect quality-of-life and are also related to influencing factors that promote health disorders. This can lead a significant proportion of the population to have a decline in their well-being over an extended period. Dietary supplement intake represents an essential factor in human behavior which can support overall health and well-being, and is an effective strategy in the regulation and reduction in pathological conditions.

New findings on the role played by functional food and related ingredients in human physiology and pathology, as well as their uses in potential therapeutic applications, are needed and represent a field of growing interest.

We welcome original research articles and review articles on the current state of research in this field.

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### Guest Editors

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### Deadline for manuscript submissions

closed (15 November 2025)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

### Editors-in-Chief

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