

## Special Issue

# Dietary Supplementation in Stroke Care

### Message from the Guest Editor

Stroke is one of the leading causes of disability worldwide. While traditional risk factors such as hypertension, diabetes, and smoking are well-established, emerging evidence suggests that dietary factors and supplementation may play an important role in reducing stroke risk. Dietary supplementation is gaining attention as a complementary approach to traditional stroke prevention strategies. Research has highlighted how certain nutrients can modulate key pathways involved in stroke pathophysiology. However, despite promising findings, evidence for the efficacy of specific supplements in care remains inconclusive, and further studies are needed to identify optimal dosages and combinations.

This Special Issue will include manuscripts that focus on dietary supplementation for stroke management. The content is aimed at clinical practitioners and healthcare providers, offering valuable insights into the role of dietary supplementation in stroke prevention and management. Additionally, it seeks to inspire further innovative research to explore new strategies for reducing stroke risk and improving patient outcomes through dietary interventions.

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### Guest Editor

Dr. Soledad Pérez-Sánchez

Institute of Biomedicine of Seville (IBiS), Hospital Universitario Virgen Macarena, CSIC, Universidad de Sevilla, 41013 Seville, Spain

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### Deadline for manuscript submissions

closed (20 June 2025)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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