

Special Issue

Dietary Supplementation in Stroke Care

Message from the Guest Editor

Stroke is one of the leading causes of disability worldwide. While traditional risk factors such as hypertension, diabetes, and smoking are well-established, emerging evidence suggests that dietary factors and supplementation may play an important role in reducing stroke risk. Dietary supplementation is gaining attention as a complementary approach to traditional stroke prevention strategies. Research has highlighted how certain nutrients can modulate key pathways involved in stroke pathophysiology. However, despite promising findings, evidence for the efficacy of specific supplements in care remains inconclusive, and further studies are needed to identify optimal dosages and combinations.

This Special Issue will include manuscripts that focus on dietary supplementation for stroke management. The content is aimed at clinical practitioners and healthcare providers, offering valuable insights into the role of dietary supplementation in stroke prevention and management. Additionally, it seeks to inspire further innovative research to explore new strategies for reducing stroke risk and improving patient outcomes through dietary interventions.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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