

## Special Issue

# Dietary Phytochemicals: Benefits for the Prevention and Management of Chronic Diseases including Their Interaction with the Gut Microbiome

### Message from the Guest Editors

Dietary bioactive phytochemical compounds are found in a variety of grains, legumes, vegetables, fruits, herbs and spices, and other plant foods. Increasing evidence suggests a plethora of benefits of these phytochemicals in reducing the risk of some chronic diseases, such as type 2 diabetes, cardiovascular disease, obesity, and some cancers. In order to provide an extensive and deep understanding of dietary phytochemicals with regard to human health, this Special Issue will focus on dietary phytochemicals and their roles in the prevention and management of chronic diseases, particularly in the understanding of their dietary sources, their bioavailability, and the interindividual variability in their metabolism, including their interaction with the gut microbiome. This Special Issue will also cover the applications of these phytochemicals as functional ingredients to develop foods with improved functionality and with the potential to prevent and manage chronic diseases.

### Guest Editors

Dr. Sumanto Haldar

Clinical Nutrition Research Centre (CNRC), Singapore Institute of Food and Biotechnology Innovations (SIFBI), Agency for Science Technology and Research (A\*STAR), 30 Medical Drive, Singapore 117609, Singapore

Dr. Ren-You Gan

Department of Food Science and Nutrition, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong SAR, China

### Deadline for manuscript submissions

closed (30 June 2023)



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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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