

Special Issue

Disordered Eating and Lifestyle Studies

Message from the Guest Editors

Research on the interplay between disordered eating and lifestyle is needed to inform intervention approaches and improve the effectiveness of tailored prevention programs for patients with eating problems and the promotion of healthy eating behaviors in the community. Disordered eating is commonly related to body dissatisfaction, self-criticism, cognitive inflexibility, emotion regulation difficulties, and rumination, and leads to specific behaviors, such as loss of control over eating and compulsive exercise. More recently, attention has been given to improving the understanding of maladaptive preoccupations with healthy eating and good health, known as orthorexia nervosa. In this Special Issue of *Nutrients*, entitled ***“Disordered eating and lifestyle studies,”*** we would like to invite authors to submit original manuscripts falling within the scope of the proposed topics. Submissions of original research, reviews of current scientific literature, including systematic reviews and meta-analyses, and short reports are welcome. This Special Issue will address the most recent and relevant scientific findings regarding disordered eating and lifestyle.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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