

Special Issue

Nutrigenomics for Preventing Obesity, Metabolic Syndrome, and Endocrine Disorders

Message from the Guest Editor

This Special Issue aims to highlight current advances in the field of nutrigenomics, with a particular focus on gene–diet interactions and their role in the prevention of obesity, metabolic syndrome, and endocrine-related disorders. Personalized nutrition, guided by individual genetic and microbiome profiles, offers a promising approach to improving metabolic health and reducing the burden of chronic diseases. We welcome original research, reviews, and translational studies that explore molecular mechanisms, clinical applications, and population-based strategies integrating genomics with dietary interventions. This Special Issue focuses on advanced personalized dietary solutions that support precision health and disease prevention through an interdisciplinary approach.

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Deadline for manuscript submissions

25 January 2026



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/245948

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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