

Special Issue

Nut, Nut Products and Health

Message from the Guest Editors

Nutrients is planning a Special Issue focusing on the effects of nut intake on the gut microbiome and human health. We welcome submissions on all aspects of the relationship between nut intake, the microbiome and human health, with a special focus on gut health, including prebiotic effects, cancer prevention, and the modulation of the gut microbiome. We invite you to submit your latest research to this Special Issue. With the increasing popularity of plant-based diets, understanding the health effects of nut consumption has never been so important. All types of study will be considered where nuts are a key component of the analysis/intervention, including intervention trials, epidemiological studies, in vitro studies and meta-analyses. All nuts (tree and ground nuts) whether individually, in combination or as significant components of a dietary intervention, will be eligible for inclusion. Studies on the digestion and bioavailability of nutrients and phytochemicals, energy metabolism, appetite, satiety and obesity from nuts are also welcome.

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Deadline for manuscript submissions

closed (20 June 2022)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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