

Special Issue

Nutritional Biomarkers in Health and Disease

Message from the Guest Editor

Biomarkers of dietary intake have contributed extensively to our understanding of how diet affects chronic diseases. Their utility relies on their ability to either complement research using dietary assessment by questionnaires and/or evaluate dietary components that are difficult to assess by questionnaire, although their use as a replacement for dietary assessment by questionnaire needs to be carefully examined. The recent widespread use of these objective measures to assess diet–disease relationships should take into account their limitations.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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