# **Special Issue**

# Nutritional Approach for Treating Urolithiasis

# Message from the Guest Editor

Urolithiasis (UL) is one of the most common diseases, affecting up to 10 percent of the general population, with its prevalence being expected to further increase in the next decades. UL can be a primary disease or secondary to many other morbid conditions (endocrinopathies, gastrointestinal diseases, genetic diseases, etc). Furthermore, UL, in addition to entailing by itself a huge clinical and economic burden, is also associated with many other clinical conditions (loss of renal function, metabolic and cardiovascular diseases, skeletal fractures). Dietary intervention still represents one of the mainstream treatments for UL, though little strong evidence for it has been produced yet. The main aim of the present issue is to collect any new contribution, suggestion, or comments to the main fields of dietary interventions in patients with different types of UL. I am confident that with your support we will be able to offer new insights to the medical community for a more appropriate and effective approach in such a relevant field of medical clinical practice.

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## Deadline for manuscript submissions

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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