

Special Issue

Nutrition for Eye Health

Message from the Guest Editor

Among ocular diseases, those that substantially affect the vision by disrupting the functioning of retinal neurons represent a major burden with a high social and economic impact. In particular, visual impairment exacts an enormous financial and social cost on developing countries, thus requiring much research work into the cause and prevention of major blinding diseases. In addition to pharmacological therapies, the management of ocular pathologies includes nutritional supplements such as antioxidants, vitamins or fatty acids that are at present extensively investigated in terms of prophylactic benefits, potential harm, and optimal use. For instance, naturally occurring substances that humans take in with a normal diet can serve as antioxidants and free radical scavengers, possibly reducing or eliminating tissue damage from oxidation or the presence of free radicals in those tissues. However, evidence for the benefit of diet supplementation is often controversial.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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