

Special Issue

Nutrition and the Risk of Cardiovascular Diseases

Message from the Guest Editor

Cardiovascular diseases (CVDs) are one of the most important causes of death globally, taking an estimated 17.9 million lives each year. The development of CVD is associated with unhealthy dietary lifestyle together with a lack of exercise, overweight and obesity, stress, alcohol consumption, or a smoking habit. Studies have shown the effectiveness of healthy dietary patterns and lifestyles for the prevention of CVD. Furthermore, the rising incidence of CVD over the last 25 years has become a public health priority, especially the prevention of CVD through dietary interventions.

This Special Issue, "Nutrition and the Risk of Cardiovascular Diseases", welcomes manuscripts related to human and animal studies focused on the roles of dietary and related lifestyle factors, genetic, epigenetic, nutrigenetic, nutrigenomic, metabolomic and microbiome markers in CVD, as well as in vitro studies aimed at elucidating the potential molecular mechanisms of the role of macro- and micro-nutrients in CVDs. Experimental papers, review articles, and commentaries are all welcome.

Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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