

Special Issue

Nutrition, Nutraceuticals and Bioactive Compounds in the Prevention and Fight against Inflammation

Message from the Guest Editors

Nowadays, the topic of natural products and their different applications is very hot and debatable. We might see numerous papers presenting different properties of nutraceuticals and/or food supplements in different at risk patients. Only well-established and designed prospective studies, randomized controlled trials with relatively high numbers of patients, meta-analyses and post-marketing consumer data, with special emphasis on real-word data, might give us the whole picture of both the effectiveness and safety of nutraceuticals, and might allow to select the group of patients that might really benefit from them. The pandemic has shown that we have hundreds of different data on possible application of nutraceuticals in COVID-19 patients, in the end with most of them without any real clinical benefit. Therefore we need to all apply for better data for nutraceuticals, as it is the only way to finally establish them as a solid part of the recommendations for different chronic diseases, which is especially important now, when we have enormous health debts linked to cardiovascular and oncological diseases especially.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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