

Special Issue

Nutrition for Musculoskeletal Health

Message from the Guest Editors

The maintenance of optimal musculoskeletal health is increasingly recognized as a key element for promoting overall health and fostering independent living in advanced age. Growing evidence indicates that nutrition, together with an active lifestyle, plays a central role in supporting musculoskeletal health both during aging and in the setting of specific disease conditions. This Special Issue of *Nutrients*, entitled “Nutrition for Musculoskeletal Health”, welcomes the submission of manuscripts reporting the findings of original research or reviewing the existing literature on the subject. The topics of interest may be explored in various disciplines (e.g., nutritional sciences, geriatrics, internal medicine, sports medicine, public health, rheumatology, oncology, cardiology, orthopedics). Reports from basic science up to clinical and population research will be considered suitable for inclusion in the Special Issue. Articles presenting results (either positive or negative) from clinical trials testing specific nutritional interventions will be given special consideration.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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