

Special Issue

Nutrition and Multiple Sclerosis

Message from the Guest Editor

Some works suggest that dietary factors may exacerbate or ameliorate MS (multiple sclerosis) symptoms by modulating the inflammatory status of the disease both in relapsing–remitting MS and in primary–progressive MS. However, the data about a nutritional intervention with anti-inflammatory food and dietary supplements are inconclusive, and there is no specific diet designed for MS patients. Nonetheless, this is the basic question of patients after a diagnosis of MS is made. Patients expect disease-modifying therapy to affect the natural course of the disease and accurate guidance on diet. There is interest in whether dietary interventions, such as specific diets or dietary supplements may influence on MS activity or side effects of immunomodulatory therapy. Therefore, from the point of view of nutrition sciences, it is particularly interesting to learn about the role of dietary programs and other dietary supplements in managing patients with multiple sclerosis. This Special Issue will welcome works covering various areas of research on the role of diet and dietary supplements in MS patients, with a particular focus on treatment of the disease.

Guest Editor

Prof. Dr. Halina Bartosik-Psujek

Department of Neurology, Institute of Medical Sciences, Medical College of Rzeszow University, Warzywna 1A, 35-310 Rzeszów, Poland

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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